

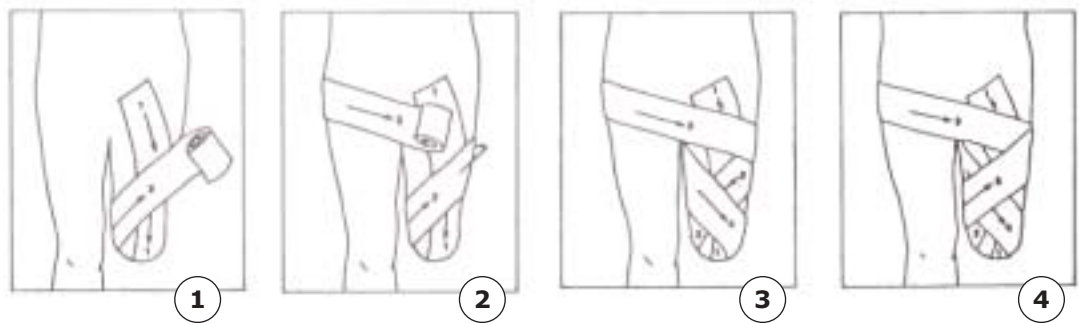
# Ace Wrap for Above Knee

## HOME CARE INSTRUCTIONS

Before your discharge from the hospital, you will have the opportunity to see your incision and learn how to apply an Ace wrap. The Ace wrap helps to shrink, shape and support the tissues of the residual limb. It is important that you follow the wrapping instructions because proper wrapping will help you wear a prosthesis effectively.

### Supplies

- Ace bandages (the same size used in the hospital)
- Clasps



### Procedure

1. The Ace bandage must be removed and reapplied three or four times a day to keep it from becoming too loose.
2. Avoid wrinkles and gaps in the bandage.
3. Avoid pulling your leg into a bent position when the bandage crosses your hip joint.
4. Start wrapping as shown in Step 1. Do Steps 1, 2, 3 and 4. Return to Step 1 and continue to wrap through the steps until all the skin is covered.

### Call the doctor if you have...

- temperature above 100°F
- redness or drainage from the incision
- chest or leg pain, tenderness or redness
- swelling that does not go away when you elevate your residual limb

### Important phone numbers

Vanderbilt University Hospital - (615) 322-5000

Doctor \_\_\_\_\_

Home Health Agency \_\_\_\_\_